

SCOTTISH NORTH DISTRICT CHAMPONSHIPS

Elgin

MORAY ROAD RUNNERS celebrated their 20th anniversary by picking up three of the four titles, *Fraser Clyne reports.*

Veteran George Sim led the Moray side to a successful defence of the men's title when he came home in front at the end of the first leg

Steve Reeve and Brian Foreman consolidated the advantage before Marc Afford clinched victory by holding off a spirited challenge from Mike Howell on the final stage

Keith & District AC produced three of the quickest individual times of the day, but the Banffshire side's hopes fell apart when John Goodall went off course on the opening leg and they had to settle for third position.

Inverness Harriers retained the women's title with Morag Ross, Jennifer Main and Marianne Young leading from start to finish.

Men

1 Moray RR 55:56 (G Sim 13:50; S Reeve 13:57; B Foreman 14:05; M Afford 14:04); 2 Forres H 56:04 (P Rogan 14:40; K Greig 13:22; A Ross 13:57; M Howell 14:05); 3 Keith & District 56:17 (J Goodall 15:31; S Gill 13:36; R Arbuckle 13:38; F Barton 13:32); 4 Inverness H 59:29 (T McWilliam 14:04; J Meehan 15:36; S Worsley 14:54; B McLelland 14:55); 5 Forres H B 62:20 (D Cowie 14:40; J Hume 15:54; M Howls 15:14; H Cameron 16:32; 6 Moray RR B 63:57 (S Scott 15:19; J MacGregor 17:22; G Bain 15:42; P Taylor 15:34)

Fastest: Greig 13:22; Barton 13:32; Gill 13:36; Arbuckle 13:38; Sim 13:50

U20

1 Moray RR 28:52 (S Millar 10:01; D Garioch 9:57; K Wilson 8:54); 2 Moray RR B 30:17 (M Farquhar 10:40; B Lotts 9:51; I Garioch 9:46); 3 Forres H 30:40 (J Gillespie 10:06; M Hester 10:34; D Gillespie 10:00)

Fastest

U13: Miller 10:01

U15: Lotts 9:51

U17: Wilson 8:54

Women

1 Inverness H 51:55 (M Ross 15:14; J Main 17:02; M Young 19:39); 2 Inverness H B 52:34 (E Reid 15:26; J Wilson 17:39; C Piper 19:29); 3 Forres H 55:26 (J Nicol 18:02; C Walker 18:45; J Duncan 18:39); 4 Moray RR 55:59 (S Houston 18:35; B Bowie 19:27; E Laird 17:57); 5 Forres H C 64:37 (A Beck 23:16; B Clark 22:13; S Feaks 19:08); 6 Forres H B 65:52 (J Thwaites 21:17; J Rogan 24:55; D Leach 19:40)

Fastest: Ross 15:14; Reid 15:26; Main 17:02; Wilson 17:39; Laird 17:57

U20

1 Moray RR 31:57 (L Tonge 10:47; L Sharp 9:57; E Wilson 11:13); 2 Forres H 32:27 (K Rogan 10:51; E Duncan 10:08; R Pirie 11:28); 3 Forres H B 36:13 (R Pinder 11:23; M Woodman 11:53; D McIver 12:57)

Fastest

U13: Tonge 10:47

U15: Sharp 9:57

U17: Wilson 11:13